Have you got those pre-exam jitters?  
Do you fear seizing up 
into a frozen knot of inarticulation 
as you sit down 
for the finals?  
Relax, kid, and turn to page 5.

Ever since the McKinnon Centre opened in January, 1975, there has been a crush on squash. Faculty, staff and students have hammered and chased little rubber balls morning to night in efforts to keep fit and trim. However, there may be some doubt as to the fitness value in this game. See Page 4.

G.B. Friedmann (Physics) led 12 candidates in a close election to fill four seats on Senate for faculty members.

Ballots in the election were counted April 2, two days after the conclusion of another election to choose seven students for the Senate and two students for the Board of Governors.

Friedmann was first in the faculty balloting with 129 votes. Also elected to the Senate were incumbent Frank Robinson (Chemistry) with 118 votes, J. A. Schofield (Economics) with 109 votes and incumbent W. K. Cross (Education) with 100 votes.

These four will serve three-year terms on Senate beginning July 1.

Missing a Senate seat by two votes was J. R. Waelti-Walters (French) who polled 98 votes. Also close were R. J. Powers (Political Science) with 88 votes and Isabel MacRae (Nursing) with 86 votes.

Other candidates included J. F. Kess (Linguistics) with 49 votes, K. R. Dixon (Chemistry) with 48 votes, I. K. Rigby (History in Art) with 32 votes, R. A. Carr (Education) with 23 votes and W. M. Ross (Geography) with 21 votes.

Elected to both the Senate and the Board of Governors as a student was incumbent senator Paula DeBeck (A&S-3).

She topped the polls in the election for the BOG with 276 votes. Also elected to the

(Continued on page 2)

A UVic Physics professor and two University of Alberta electrical engineers are creating an internal combustion engine that could be 10 per cent more efficient and economical than those currently in use.

Dr. Reginald Clements, together with Dr. Peter Smy and Dr. David Topham of the U of A, have developed two basic improvements on the internal combustion engine.

One is a super sparkplug that is 1,000 times stronger than most plugs and 100 times more so than the best ignition system on the market.

The other is a sensing device in the combustion chamber that could provide immediate and accurate feedback for computer-controlled fuel-injection systems. According to Clements, it is "a system that will do its best to compensate for an engine that has gone out of tune." And these days, he added, most vehicles are constantly out of tune because of complicated engines.

Clements said that with some design changes it would be commercially feasible to install the sparkplugs and sensing device into any present motor. "With them a driver would have better combustion and better ignition as well as save money on fuel."

He said he has been trying to get Ford Motor Company interested in the design

(Continued on page 2)
follow-up of the ignition system, but the reply was that its finances are tight on reselling it being conducted in the combustion

Clements, with test engine in his Elliott Building lab

Super engine (Continued from page 1)

not accurate feedback on the actual performance of the engine.

"This type of system is predicting what should be happening in the engine, while this sensing system is reacting to what is really happening in the engine."

Clements said "most cars on the road are not properly tuned at any one time" and this in part is due to the complications of the anti-pollution devices that are trying to reduce the three main pollutants of hydrocarbons, carbon oxides and oxides of nitrogen. He added that as soon as a car is tuned up it begins to go out of tune. "Of course, this means bad fuel economy, and having your car constantly tuned up is expensive because it takes much longer for a mechanic to do this, faced as he is with more complicated parts."

With "a hell of a lot more things that can go wrong with an engine, an efficient fuel injection system means that a car will run to its utmost economy even though it is somewhat out of tune."

Clements, who has been at U Vic for eight years, has had most of his research funded by the National Research Council, with some supplements from U Vic.

Close race (Continued from page 1)

BOG was incumbent Frank Waeth (A&S-4) with 274 votes. The other candidate, Donald MacDonald (A&S-U), received 247 votes.

Less than 10 per cent of the eligible student voters on campus participated in the election. Out of 5,272 eligible voters, 495 cast ballots.

Elected by acclamation to Senate are Theresa Kerin (GS-M), incumbent Gregory Rideout (L-L), and continuing member Elspeth Heinen (FA-3).

Incumbent Rosemary Gray (A&S-3) led twelve candidates for Senate seats with 334 votes. Also elected were Casey Rippon (A&S-3) with 222 votes, Sandra MacRae (ED-1) with 218 votes, Fraser Homer-Dixon (A&S-1) with 186 votes, Warren Miller (ED-2) with 183 votes and Ralph Saxer (A&S-3) with 175 votes.

The student senators and governors serve one-year terms, the senators taking office July 1 and those elected to the board beginning their terms June 1.

Sports

When it comes to beating around the bird, Alison Smith (Educ-3) is no slouch. She picked up three championships in the "A" event of the seventh annual U Vic Intramural Badminton Tournament recently. She won both ladies singles titles, teamed up with Debra Green (Educ-3) to take the ladies doubles championship and then with Don Woodland (Educ-1) to take the mixed doubles event. Don Woodland (Educ-1) won the men's singles championship and teamed with Peter Woodlin (Educ-3) to take the men's doubles event.

After winning four straight games in the Northwest Conference Collegiate (NCC) the rugby Vikings were stopped at the University of British Columbia Thunderbirds in the deciding game for the championship, March 27.

The Vikings came out on the short end of a 24-13 score as UBC wrapped up its fifth straight OCC championship. In a game played at UBC, Bob Carre (Educ-2) and Ted Zinkam (Educ-3) scored a try each and Rick Couch (A&S-4) slotted in with a penalty kick and a convert for the Vikings. The Vikings finished second in the conference ahead of the University of Western Washington, University of Washington, University of Oregon and Oregon State University.

Two U Vic students will join 125 other Canadians in a gold-seeking expedition to California this month. They're not prospectors, but athletes, and they are participating in a training camp project for Olympic hopefuls (A&S-2), a 400-metre ace, and Tom Griffin (A&S-4) on the 1,500-metre event, will train for a month at Long Beach, California. A series of 13 meets have been arranged to help the athletes for the Olympics in Montreal in July.

Letters

Dear Sir:

To place a telephone call before the age of efficiency, one was obliged to deal with a person called "the operator" who, depriving an individual of his or her own dial, compelled the subscriber to dial the number on a telegraph key which conveyed the signal into the network. When it comes to beating around the bird, Alison Smith (Educ-3) is no slouch. She picked up three championships in the "A" event of the seventh annual U Vic Intramural Badminton Tournament recently. She won both ladies singles titles, teamed up with Debra Green (Educ-3) to take the ladies doubles championship and then with Don Woodland (Educ-1) to take the mixed doubles event. Don Woodland (Educ-1) won the men's singles championship and teamed with Peter Woodlin (Educ-3) to take the men's doubles event.

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The image of cigar-smoking fat cats, often associated with politicians, certainly doesn't apply to the Representative Assembly of the Alma Mater Society. A motion put forth by representatives Jill Walker and Daryl McLoughlin that "there be no smoking at future meetings of the Representative Assembly" was carried. Chelsea St. John, who moved the motion, said McLoughlin then proposed that members catching smoking be fined $20, but were defeated due to lack of interest. Toronto's Royal Oak off Pat Bay Highway contains a room where such fines are collected. Since the new policy, which the collection is housed is not suitable for the purpose. A combination of bad storage and the condition of the building has resulted in a deterioration of the collection, the core of which is used for the study of art, aperiodicals, and ceramics and paintings. Because of the deterioration, the museum has been closed indefinitely. The city of Victoria, the Board of Governors recently that the university had hoped to remove items to the Provincial Museum so that the level of mildew was such that the museum would not take the items. Some of the works are not available to the public. Professor Margaret Prang of UBC and Gordon Elliot of SFU, who will choose the best book published in British Columbia in 1975 during the T. Eaton Company book awards. In June he will take part in a joint Canadian Political Science Association/Canadian Political Science Association meeting of the Representative Assembly was read a paper entitled "Leadership in Democratic Parties". Professor Robert Stier, an associate professor at SFU, who was on the policy committee in residence for out-of-town students.

Dr. Walter Young, chairman of the Department of Political Science, is undergoing a busy spring. Last month three of his students ventured to the U.S. and the U.S. invited to give papers in a symposium on "Personality and Leadership in the U.S." at the University of Southern California in Los Angeles. Young will also visit Vancouver, London, and Paris, with Professor Margaret Prang of UBC and Gordon Elliot of SFU, who will choose the best book published in British Columbia in 1975 during the T. Eaton Company book awards. In June he will take part in a joint Canadian Political Science Association/Canadian Historical Association symposium on Political Biography at the annual Learned Societies Conference. Young has also been invited by the Academy of Sciences of the Soviet Union to spend two weeks in the Soviet Union to meet with students in the Canadian-American Studies section and to visit several universities.

Introductions from an Island 1976 is now available through the Bookstore or the Department of Creative Writing. The author, edited by Derk Wynn, is a collection of new writing by students from all levels in the department's programs. Berkeley, and the publisher contains only poetry and short stories. The student authors include Oliver Rehlinger, Nick Sidor, and Joan Rodgers.

The Ring—Page 3, April 7, 1976

The Maltwood Memorial Museum of Historic Art remains a puzzle to UVic administrators. The museum has most recently been "in the hands of the University of Victoria" over the past year. The museum has received a total of $20,000 for four fellowships to graduate students. The Maltwood Memorial Museum of Historic Art is normally published every second Thursday. This year, the institute awarded a total of $42,000 to 345 academics in the humanities and social sciences. For the next academic year, $3.77 million is immediately to be made up to bring the total to $20 million. The Centre will be a student services complex, also offering a large dining room and meeting spaces.

The Board of Governors on March 22, 1976, approved the following recommendations and received the following reports:

Professor Emeritus
Jean-Paul Vinay, Professor, Department of Linguistics, granted the title Professor Emeritus, for "his outstanding contributions to the field of linguistics and related sciences."

Special Appointments

New Appointments — Administrative and Academic Professional
Marjorie Martin, B.A., B.S.W., M.S.W. (Brit Columbia University), appointed assistant professor, field instruction, and sessional lecturer, School of Social Work, effective July 1, 1976.

The house didn't exactly clean up from a small fire that destroyed the Faculty Club's recent annual "casino night". G.J. Foster, club manager, said net profits from the night were around $65. The house wasn't open for the next few months, in students' rooms were still smoking. "We feel that college students are at a critical stage in planning their future, and they may be able to help some people improve themselves." The inn's names and ages are Richard Howard, 23; Percey Hahh, 22; Danny Ethridge, 24; Leon Henderson, 23; William Ford, 30; Robert Adams, 27; Ronnie Grizelle, 36; and Druury Children, 19. Address is P.O. Box 97, McAlaster, Oregon 74501.

FileDialog and students from the Department of Slavonic and Oriental Studies will be on the move this year in Eastern Europe. Edka Jae (A&S-5), graduate Doug Julll and Cathy Sands (A&S-2) will study for a year in Yugoslavia and the Soviet Union under an agreement concluded recently with Macalester College in St. Paul, Minn., whereby UVic has become the agent for Canadian students for this "Slavie Studies Program." Four first-year students — Marilyn Shockett, Patricia O'Connell, Cathy Wiksen and Earl Taylor — have been awarded University of Waterloo scholarships for a summer workshop in the Soviet Union from July 5 to Aug. 4. Two second-year students, Darlene Churcher and Sandra Mayhofer, have been awarded scholarships by the Yugoslav government to study Serbo-Croatian language and culture at the University of Zagreb during 1976. Dr. E.B. Juricic, department chairman, and Dr. Terence Hickwood have been awarded fellowships by the Soviet government through Anatoli Zoubekhin, its first secretary and cultural attaché at the Soviet Embassy in Ottawa, for Russian studies.

A decision is still pending on whether to proceed with the auditorium part of the University Centre project. Campus Planner Ian Campbell said he has held several meetings with the low bids for the construction, Vancouver, and with the architect, and will likely come up with a more accurate cost for the auditorium sometime this week. The recommendation will be made to President Howard Petch who will present it to the Board of Governors. Pool's low bid of $7,389,175 for a centre with an auditorium came in at about $1 million over estimate. Specification is still under consideration, and the auditorium will be dropped from the project or that at least its shell will be built even. A meeting on the auditorium is scheduled for June 20. Our facility will be furnished it. The centre will be a student services complex, also offering a large dining room and meeting spaces.

University Representative to E.R.I.B.C.
Alex Hall, member of the Board of Governors, representative from the School of Planning at the Educational Research Institute of British Columbia, for a three-year term beginning on April 1, 1976.

Study Leave
Lawrence S. Aspinwall, Associate Professor, Department of English: study leave changed to Jan. 1, 1977 to June 30, 1977.

Two New Associates
Bruce Carter, Associate Professor, Department of Germanic Languages and Literature, granted leave of absence, effective July 1, 1976 to June 30, 1977.

Leave of Absence
J. Anthony Burke, Associate Professor, Department of Physics, granted leave of absence, effective July 1, 1976 to June 30, 1977. Rosemary Baldwin, Visiting Assistant Professor, Department of Germanic Languages and Literature, granted leave of absence, effective Jan. 1, 1977 to June 30, 1977.

The Ring—Page 3, April 7, 1976
Smoke cleared on marijuana mystery

By Bryan McGill

The mystery of the marijuana researchers at UVic has been solved.

The story broke earlier this year on a national American television broadcast and in an American Press report that researchers at the University of Victoria and the University of Florida had found heavy usage of marijuana has no apparent ill effects on the brain and nervous system of the user.

Local news reporters phoned University Relations staff, who in turn began to search the campus for any scientists who could be involved in such sensational research.

The Biology Department didn't know. Neither did Chemistry, Sociology, nor Psychology.

University Relations at the University of Florida was then written and the reply from Director Fred H. Cantrell cleared the matter up.

The research project in question "was part of our International Studies Program and was funded by a grant from the National Institute on Drug Abuse," said Cantrell.

One of the investigators, Dr. Louis Sutker, has since left our university and has joined the faculty at the University of Victoria. That, apparently, is the reason the news article listed "researchers at the University of Victoria and the University of Florida".

Anyhow, Sutker is an assistant professor in the Psychology Department, who is a specialist on neuropsychology. Finally, when broached on the subject of the evil weed, he gave the dope on this part of his background.

He was part of a three-man team who carried out extensive psychology tests on marijuana users and non-users in Costa Rica, a country where the drug, though illegal, is widely smoked by a "population of chronic marijuana users."

Their research, which was on the neuro-psychological aspects of marijuana use, was part of larger, multi-pronged investigation which included sociological-antropological study of the life-style of many Costa Rican users, and a medical approach.

Each group, the control or non-user group and the experimental or user group, had 41 subjects who over a four-hour period were given "an extensive battery of tests, including I.Q., memory, learning, motor skills, and personality. The tests covered a broad range of human ability."

The persons who administered the tests did not know who was a user, and who wasn't. Users were asked not to turn on the day of their tests.

The subjects had to be chronic users, that is, consumed on the average three joints a week over a period of 10 years. As it turned out, Sutker said, the subjects averaged nine joints a day over a period of 17 years, which is an awesome record for most Canadian or American users.

"In a nutshell," said Sutker, "we found that essentially there was no difference on anything between marijuana users and an appropriately matched group of non-users." He said this came as no surprise to him, because there had been some earlier though not so thorough studies that had concluded the same thing.

But whether he as a scientist favored legalization of marijuana, Sutker replied yes. But he added "the question is never a closed one.

The report of the three was reported at a New York Academy of Science meeting and will be published in its proceedings.

Sutker said he has been thinking about doing some more marijuana-related research, but at the present he is involved in his specialty, research into the right and left hemispheres of the brain.

Natural text:

McGill Photo

"I cannot move, my fingers are all in a knot!", said.

"And before he sits down to study an anxious student should use a progressive relaxation technique to release tension.

Martin said there are a number of exercises a person can use. He uses a method of progressive tensing and releasing of muscles, starting by clenching and relaxing the fist, then proceeding to the arm muscles, neck, face, stomach and legs.

"Of course you can achieve the same thing through deep breathing, paying attention to the air entering the lungs. Or even by focussing on pleasant scenes like lying on a beach or floating on a cloud."

He said the important thing was to focus on something completely unthreatening.

Those familiar with yoga, zen, transcendental meditation or other more formal techniques can find a tension release in these practices.

Martin said many students are familiar with these practices, but they often don't know the next step in relaxation.

After the relaxation exercise a student should mentally rehearse work he or she has set out on the study schedule. "A person should mentally picture doing the work, successfully and then sit down and do it."

The same mental rehearsal can be applied to writing an exam.

"An examination should be a pleasant experience for everyone," said Martin. "But students sometimes think of all the horrible things that are going to happen. So much of it is fiction, but in order to start concentrating on studies, or writing an exam a student has to be mentally and physically ready."

Another helpful exercise is to practise some positive self-instruction. Martin calls it "talking to yourself in a positive way."

He said this along with mental rehearsal helps to build confidence and can assist a student when he is in the process of writing an exam.

"You can talk yourself out of difficulties during an exam," he said. "You should be able to convince yourself, for example, that one question isn't the entire exam."

There is one thing however that all the relaxation and positive self-instruction in the world won't overcome, a lack of knowledge of the subject.

There are three sure-fire steps to the successful completion of an examination. A student must know the subject matter. He must know how to present it. And finally he must be able to present it.

If the last step is difficult because of pre-exam jitters. So if you have mastered the first two steps, relax. And if relaxation becomes a problem, the Counselling Centre is just a phone call away.

You Can talk yourself out of blowing an exam

By John Driscoll

Stephanie Mude (Educ-1), who is our cover face, achieves inner peace through a half-lotus position.

"I cannot move, my fingers are all in a knot!" Bob Dylan was talking about something else but his words could easily be echoed in April by some UVic students. It's exam time and unknown or just plain pre-exam jitters. It's real but it can be dealt with.

The key is to relax, mentally and physically, before tackling study or an exam.

Of course that may not seem so easy when your mind is a blank and you're unable to concentrate on studying, when you are totally immobilized by panic at the amount of work you have to cover, when your hands shake uncontrollably, your internal organs announce their presence by leaping about and writing of exams.

In any event, before you sit down to study, believing you can't concentrate or of an inability to organize your studying.

He advises them to organize a very specific schedule for daily study, even down to specific pages to cover in a subject. "A student should set specified and achievable goals when organizing a study schedule," he said.

And before he sits down to study an anxious student should use a progressive relaxation technique to release tension.

Martin said there are a number of exercises a person can use. He uses a method of progressive tensing and releasing of muscles, starting by clenching and relaxing the fist, then proceeding to the arm muscles, neck, face, stomach and legs.

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Is there an aerobic Catch-22 in squash?

It's an accepted fact that aerobic exercises which put strain on the heart and lungs over a sustained period are the best activities for developing fitness. With sustained strenuous exercise a person develops fitness or "aerobic capacity" which is an ability to utilize the oxygen taken in.

When prescribing aerobic exercises, fitness experts contend you get so many points for jogging, so many for swimming and so many for games such as tennis or squash.

Well, Dr. David Docherty (Physical Education) has a theory that games such as squash may not be all that good at developing aerobic capacity. He feels it may depend on the skill level of individual players.

With skilled players it may be more mental

To test this theory Docherty and Dr. Bruce Howe, chairman of the Physical Education Division of the Faculty of Education, have set up an experiment and they need volunteers.

They want 30 volunteers to determine if individuals derive any aerobic benefits from squash playing. They are seeking 10 squash players of a high skill level, 10 of an intermediate level and 10 beginners.

"We're interested in finding out if there is any difference in fitness gains relative to the skill level and length of rallies of squash players," explained Docherty.

Docherty said beginners, because they usually don't have extended rallies, may never reach a sustained level of activity necessary to put a strain on the hearts and lungs.

"It's possible that you don't really derive any fitness benefits until you reach a high skill level," said Docherty. "On the other hand when a person becomes highly skilled at squash it may become more of a mental game with less physical exertion."

"That's what we want to find out in this experiment."

Volunteers for the squash experiment will spend about an hour undergoing individualized fitness tests, then play a game of squash and undergo a further test.

The Physical Education Division has some new equipment for testing the participants. "Volunteers will get the best indication of their fitness level that we can give," said Docherty.

The volunteer is placed on a treadmill which has a controlled speed and elevation. He is then hooked up to an oxygen analyzer and an electrocardiograph machine which monitors his heart rate.

The treadmill is slowly speeded up and an individual profile on a person's heart rate relative to oxygen consumption is obtained.

The treadmill tests also indicate abnormalities connected with the heart before they develop to an uncomfortable degree.

After testing to determine how much oxygen a person is consuming relative to the increasing of his heart rate, a small radio transmitting device is strapped to the volunteer who then goes to the squash courts for a 45-minute workout.

The transmitter is small enough so that it doesn't interfere with the volunteer's play but powerful enough to send a signal of the heart rate to a receiver which will be monitored above court.

By checking a person's heart rate during a game and observing the length of rallies, then comparing it to information already obtained in the tests, Docherty and Howe will be able to determine how much of the oxygen taken in is being consumed by a person.

They believe in this way they can determine whether or not a person derives any real fitness benefits from squash.

"We're trying to see how hard a person works during a squash game," said Docherty. "A person should be using 70 per cent of their maximum level of oxygen consumption for at least 20 minutes before they derive any benefits."

"With all the stoppages in play and short rallies I'm not sure beginners ever reach that level."

Docherty said there would be no problem finding 10 skilled players for the experiment. "We'd like to see some volunteers from among faculty and staff who are just beginning the game."

Faculty, staff or students who are novices can join the experiment by contacting Docherty or Howe in the McKinnon Centre. They'll get a thorough individual fitness test and a chance to find out if squash really should be their racquet.

There are a lot of people at UVic who spend a lot of time pursuing an elusive, bouncing, little ball around a room that would induce nightmares in anyone suffering from claustrophobia.

Squashmania has taken over the campus. Secretaries spend lunch-hours whacking away. Professors and students work off their frustration in short, energetic sessions. Since the McKinnon Centre opened in January 1975, squash has become the most popular game on campus.

Squash addicts line up for bookings and there is scarcely time during the winter session when the six available courts aren't filled from 8:30 in the morning until 10 at night.

Ask a squash addict what the attraction is and you get answers like, "it's invigorating," or "it's great exercise."

Dr. Frank Robinson (Chemistry) summed it up as well as anyone. "It's a fast-paced, pleasant workout that you can fit into a lunch-hour," he said.

And while members of the Physical Education Division of the Faculty of Education are now conducting an experiment to find out whether squash is really all that good an exercise, those who play it swear by it.

"You get more exercise in 45 minutes of squash than in three hours of golf," said one secretary. "You really work up a sweat."

Workers in the equipment room of the McKinnon can vouch for that. "They come out of the courts covered with sweat and dragging their tails but they're right back to get another booking," said a spokesman.

The popularity of squash can be attributed to several things. Its rules are simple. If you work at it you can see marked improvement in your play in a short time. And it's in a confined space so there's little time wasted in retrieving balls.

There are hazards, of course. The ball whizzes around at weird angles and high speeds and you can get bopped. An even greater danger lies in the racquet of your playing partner, especially if you are both beginners.

And the effect of that confinement can be devastating if you are playing against an overly aggressive player. But despite the occasional baying and broken racquet, squash continues to enjoy a surge of popularity. David Titterton, McKinnon manager, points to the statistics.

He took a look at a typical four-day period in March and reported that out of a possible 432 bookings, 390 had been filled. That would mean 780 people used the squash courts during those four days.

"That's a 90 per cent rate of use and that's a good indication of how popular squash is," he said.

In addition to court bookings there have been three sessions of squash instructions since September and all of them were booked quickly. Six tournaments and two one-day clinics were also booked solidly shortly after they were announced.

Titterton said the only problems encountered are on those rare instances when someone makes a booking and then doesn't show up. "We ask for the continuing co-operation of people who reserve courts and then find out they can't make it to phone us so that we can open the court to someone else."

Bookings can be made at the equipment room 24 hours in advance. The peak period for use of the squash courts has ended with classes, but next September there will probably be another influx of squash novices.

The popularity of the game shows no signs of diminishing. For an increasing number of people on campus squash is more than just a game, it's a social hour, fitness exercise and tension release all rolled into one little bouncing ball.

Addicts swear by the little, elusive ball

By John Driscoll
Bill Kinsella has been 18 since 1953. “Getting old? I’d rather not,” he says. “Age, like sex, is all in your head. By the measurement of time in this dimension, I’m rapidly approaching 41, but I’ve been 18 since 1953 and never plan on getting any older.”

W.P. Kinsella is a writer who has had 11 short stories accepted for publication over the past six months. He is currently taking short stories accepted for publication since 1953 and never plans on getting any older. “Age, like sex, is all in your head. By the measurement of time in this dimension, I’m rapidly approaching 41, but I’ve been 18 since 1953 and never plan on getting any older.”

W. P. Kinsella, a highly regarded writer, grows up, he did all the things that “young, white protestant Anglo-Saxon boys are supposed to do. I wish I hadn’t.”

Those things included “making the mistake of getting married, and going on the junior executive trip.” After graduating from High School in Edmonton, he worked for the Provincial Government in Alberta as an office boy, for a short time as a collector for a finance company, then as a credit reporter. After that he sold advertising for the yellow pages of the telephone company.

“I’ve always wanted to write, but I’ve had a multitude of things that have interfered — like making a living.” For nine years he didn’t write anything, then after a divorce and remarriage he moved to Victoria. He went into business for himself, “made pizzas from 67 to 72”, and took a course at UVic in 1970.

Since selling his business after entering university, he has been writing and is now, at last, meeting with success on his terms. “I’ve given up on the American Dream. I went through my junior executive period and I find it a complete waste of time. I prefer alternate life-styles,” said Kinsella.

After graduating in 1974, he was accepted into the teacher training program sponsored by the provincial government, and withdrew from the program after two months on the basis that he “had never seen such a collection of totally irrelevant barf in my life.” From April to June, he worked driving a cab. “It’s not a terribly interesting job; you meet all sorts of people, but you’re born with the compulsion to write. You can learn to write better, but you’re born with the compulsion to write.”

Bill Kinsella has written seriously only for the past six years. Growing up, he did all the things that “young, white protestant Anglo-Saxon boys are supposed to do. I wish I hadn’t.”

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Kinsella: “most productive period of my life”.

Peaches, a fantasy memoir based on the premise that I may or may not have got it on with Janis Joplin in San Francisco in the spring of 1965.”

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Kinsella: “most productive period of my life”.

He writes his stories in longhand and does not rewrite extensively. Most of his stories are created while he is on his stomach on a couch in his living room.

Kinsella is a night person. “Any time before 11 a.m. should be banned.” When he’s working he gets up at 11 a.m., writes between 1 and 3 p.m., and after the Johnny Carson show until 2 a.m. In the meantime he types his stories when he’s not writing.

He has several character studies, but has never been able to write anything successful with them. “I wouldn’t want to start working with fact because it would interfere with the fiction.”

Kinsella’s life hasn’t been half as interesting as he would like. “I’d been born ten years later. I would have liked to have taken off on the road.” He is a firm believer in alternate or simultaneous dimensions, and the fantasy theme has come up in a number of poems and short stories that he’s written. “I believe that once all your fantasies are fulfilled you disappear.”

He says of the titles of some of his stories, titles such as Dance Me Outside, Horse Collars, Carroway, The Kid in the Stove, and The Inaugural Meeting of the Hobbsa Chapter of the Ermineskin Warrior Society, that he used to have some incredible titles. One such title was When I Grow Too Old To Dream I’ll Marry Helen Moshansky. “That title was great, but the story didn’t work. I’m getting down to one-word titles now,” says Kinsella.

Kinsella says of formal education that it’s done wonders for him. The greatest thing, he feels, is the exposure to so many authors. When he first came to university he considered himself well-read, until he got a reading list with 75 books on it and found he had only read one of the books.

He also believes that writers are born. “I have to write. You can learn to write better, but you’re born with the compulsion to write.”

When asked what he does for entertainment, he replies “I wanna fool around?”, then answers seriously, “really damn little.”

Currently he is teaching a creative writing class at Silver Threads, and a night school class at James Bay Community School. “My interests are very limited. I’m strictly an indoor person — sex and writing.”

By Laura Leake

The Ring—Page 6, April 1, 1976
Age wears well on police, says report

It seems the older police get, the mellower they get. This is one conclusion made in a report written by Dr. Daniel J. Koenig and research assistant Marlene Martin.

Entitled “Police as People: A Comparison of the RCMP and the Public within British Columbia”, the 100-page report was funded by, and was submitted last month to, the Justice Development Commission, Office of the Attorney-General.

Koenig said his research has found police to be less cynical about life the older they become, while, on the other hand, members of the public become more cynical about life the older they become.

This seems to contradict “a lot of comments by civilians and academicians about police being cynical and authoritarian because the police have considerable contact with the seamy side of life.”

However, Koenig said, though police tend to grow less cynical about life in general, they also become less satisfied with their own life situation, especially with pay and standard of living, the older they become, in relationship to the same age group in the working public.

The research, based on two surveys conducted in 1974 by Koenig: one a province-wide random sample of the general public on attitudes towards police, which resulted in 956 respondents, and a parallel sample of 780 respondents from B.C.’s RCMP force below the rank of commissioned officer.

Koenig had earlier written reports about each of these surveys, and this third one represents a comparison of the two. Such a comparison, he said, has never been done in B.C.

“It’s just getting so late we must have some action,” President Petch told the BOG in asking for approval of the budget.

The BOG approved the earmarking of $133,000 from the General Purpose Fund surplus for the development of the schools. This amount is the difference between the budget for the schools in 1975-76 and a minimal budget for 1976-77.

Petch said the approval of funds was necessary so that faculty could be hired and that students already enrolled at UVic and planning to enter the programs would be assured they were going ahead.

“For each of these schools we have made some important decisions, including quitting their jobs and we feel their commitments should be taken into account,” he said.

Wharf pointed out that while from a budget point of view it might not be an ideal time to introduce new programs, it is an excellent time from an academic point of view.

“The new programs at UVic have a unique opportunity to work together since they are all starting at the same time. He said core courses for the programs of Public Administration, Nursing, Social Work and Child Care to Grease have developed more easily than if one of these programs was several years old.

In addition, the new programs are hoping to continue inter-disciplinary programs on a formal and informal level with the Faculty of Law which will be starting its second year of operation.

Nursing, Child Care and Social Welfare will be sharing the same area in the Segedwick Building and along with Public Administration have already come together in the form of a joint council.

The directors of the four programs have been holding discussions on the possibility of forming a new faculty at UVic. Also in on the discussions are representatives of the Faculty of Education.

UVic sponsors European tours

UVic through its Division of Continuing Education is sponsoring tours to Italy and Greece this May.

Each of the tours is set up for 32 persons, and a number of spaces are still available in both. Continuing Education advises anyone interested to contact its offices immediately.

The tour to Italy, Gallerina d’Italia, runs May 2 to 25, and will be conducted by Dr. S.A. Fehr-Jr., a visiting associate professor from the University of California at Davis, who lived in Italy for more than two years, and has an extensive knowledge of the country’s art, monuments and sites of historic interest.

The tour to Greece will be conducted by two scholars of international reputation, Professors Herbert Huxley and Maurice Pope, of UVic’s Department of Classics. It will be a balance between traditional sites of historic and archaeological interest such as Athens, Crete and Rhodes, and more rural excavations of unique interest. It will run May 2-25.

Petch said the university was not applying any pressure on the government to come up with money for the schools for 1976-77.

“The fact that we are funding the increase in costs out of the surplus will not put any pressure on the government,” he said. “Of course, the demands for financing will be increased in 1977 when the second years of the programs get under way.”

The budget approved for the School of Nursing is $137,000 which will permit the hiring of two teachers and two part-time lecturers. The School of Social Welfare’s budget is $141,000 to include salaries for two teachers and a supervisor of field work.

Petch said these were minimal budgets. He said the schools would not be able to accept as many students as had been originally planned because fewer faculty could be hired with the minimal budget.

Board chairman Joseph Cunliffe said the university is going ahead with the program, but hopes the government will provide additional funding.

“The government in the past has agreed that these programs should go ahead,” he said. “We assume that government commitment is going to be good.”

Both MacRae and Wharf had been prompted by nurses when they had to consider how we could mount good programs without incurring huge expenditure, said Petch. “I think we’ve both succeeded.”

MacRae said the budget means that faculty in Nursing would have a heavy workload. “But it’s important to get the school going and we can provide a good program in both clinical and theoretical areas.”

She said the nurses on Vancouver Island have been very effective in reaching the government and university concerning the need for such a program.
Council ponders budget split for B.C. universities

A final decision will likely be made next week on the operating grants for 1976-77 to B.C. universities.

The Universities' Council has received $164.4 million from the province with instructions to split it among the three public universities and Notre Dame University which is privately owned but receives almost 90 per cent of its funding from the government.

The provincial grant represents an increase of eight-and-one-half per cent over the grant for 1975-76 if NDU receives the same amount as last year.

Council, said in an interview with "Express" and "Dunbar" on Friday that the council will be holding another round of talks with the presidents of the three public universities before making a final decision on operating grants.

"We've got a tight budget," he said.

Education curbs may affect latecomers

In future, students who are pursuing degrees in Arts and Sciences and Fine Arts may have to signal their intent to go into teaching by their third year at UVic.

Students may find themselves cut off from going into education. "The university had a commitment to fund it could be called an "advance" on the professional education degree who had completed four years of the five-year program.

Petch said the university had a commitment to those students seeking a bachelor's degree in education degree who had completed four years of the five-year program.

Petch said the university had a commitment to those students seeking a bachelor's degree in education.

From a meeting of the Board of Governors, March 22.

"In future they may find that path closed," he said.

Palmer, a former student, "We've got a tight budget," he said.

"We assign a dollar amount and each university decides how much money will be spent.

"The council, in March, received $7.5 million in special warrants from the provincial government for the three public universities. Of this amount UVic received $1.1 million. Armstrong said while this was a separate fund it could be called an "advance" on the 1976-77 budget.

He said it seemed to be an attempt by the government to get the governor fiscal year which begins April 1 in line with the appointment year which begins in the three universities on July 1.

Two of the most exotic, romantic "train" movies — Josef von Sternberg's "Shanghai Express" and Sidney Lumet's "Murder on the Orient Express" make up a terrific double bill. "Shanghai Express" stars Marlene Dietrich as Shanghai Lily, a mysterious temptress travelling along through war-torn China. Claire Bloom and Anna May Wong also star.

Sidney Lumet's adaptation of Agatha Christie's murder mystery collects the talents of Wendy Hiller, Ingrid Bergman, Lauren Bacall, Charles Boyer, George C. Scott and Redgrave, Rachel Roberts, Albert Finney (Hercule Poirot), John Gielgud, Sean Connery and Michael York amongst others, for a stylish, old-fashioned detective entertainment. April 9 and 10, 7:15 p.m. and 10 p.m.

"Karl Reiss's Isadora and Joseph Losey's Go-Between make an intriguing if slightly ponderous double bill event. Vanesa Redgrave stars as the American dancer, Isadora Duncan, whose free spirit and unconventional lifestyle caught the attention of the world. Reiss's biographical film is a charming though overly romanticized account of her adventures in America, Europe and Russia. Losey's Go-Between deals with another "free spirit" and the young boy who observes first hand her games of deceit. Julie Christie stars as the daughter of English gentry, engaged to a man in love with a local farmer (Alan Bates). Dominic Guard plays the boy who acts as their "postman." April 17, 7 p.m. —Nora Hutchinson

(Advertiser's Note: UVic Film Society and Magic Screen films are open to the public, but Cinecenta screenings are restricted to students and university personnel.)

LITTLE CHANGE IN CAMPUS HOURS

Health Services and McPherson Library will be a little busier during the week, there will be few other changes in hours for other services at UVic.

The Bookstore and Campus Shop will be closed for stock taking April 27 through April 30. Both centres will re-open at 8 a.m. on May 1. Hours for both will be effective May 1 to September 1.

The SUB, and all food services will retain normal hours throughout April except on Easter weekend.

WEDNESDAY, April 7
7:30 pm Meets in Senate. Green Room, Commons.

THURSDAY, April 8
7 and 9:15 pm Cinecenta Films. SUB Theatre. "Day For Night". Advance charge.

FRIDAY, April 9
7 pm UVic Film Society. SUB Theatre. "Shanghai Express" and "Murdor on the Orient Express". Advance charge.

SATURDAY, April 10
10 am The Magic Screen. MacLaurin 144. "Whistle Down the Wind". Admission charge.

2:30 pm Rugby, Division I. League Finals (Barnard Cup). 7:00 pm Cinecenta Films. SUB Theatre. "Isadora" and "Go-Between". Advance charge.

MAYDAY, April 19
8:00 pm Faculty and staff badminton. McPherson Gym.

TUESDAY, April 20
1:00 pm Meeting, Board of Governors. Gold Room, Commons.

MAYDAY, April 19
8:00 pm Faculty and staff badminton. McPherson Gym.